

How To Apologize

Always look the person in the eye and use a sincere voice.

1. "I'm sorry for..."

Wrong: "I'm sorry for being mean"

Right: "I'm sorry for saying nobody should play with you."

2. "This is wrong because..."

Wrong: "This is wrong because I got caught."

Right: "This is wrong because it made you feel bad about yourself and hurt your feelings."

3. "In the future I will..."

Wrong: "In the future I won't say this again."

Right: "In the future I will keep my unkind words to myself."

Wrong: "In the future I won't push you."

Right: "In the future I will keep my hands to myself."

4. "Will you forgive me?"